1.0 Course Prefix and Number: PET 6447

2.0 Course Title: Reflective Teaching in Physical Education

3.0 Instructor: Dr. Steve Sanders  sanders@coedu.usf.edu

4.0 Course Prerequisites: Students enrolled in this course must satisfy the graduate program entrance requirements outlined in the College of Education section of the University of South Florida’s Graduate Handbook, as well as meet any entrance requirements needed by the School of Physical Education, Wellness, and Sport Studies. This course is for Plan III students only.

5.0 Course Description: The purpose of this course is to provide a prerequisite foundation in physical Education to master level students entering the School of Physical Education & Exercise Science online master’s degree program who have little experience or background in teaching physical education. Although an instructor is assigned to monitor student progress in the course, the course is self-paced and individualized. Students do background readings and then take quizzes on material. All graded material must be passed at an 80% success rate.

6.0 Course Objectives:

As a result of this course, students will be able to:

1.0 Describe the basic content in physical education. NASPE 1; CF 2; AP 8

2.0 Identify and describe the components of reflective teaching in PE. NASPE 2; CF 2; AP 8

3.0 Understand developmentally appropriate physical education. NASPE 1, 2; CF 2, 6; AP 7, 8, 10

4.0 Identify appropriate methods for teaching physical education. NASPE 4; CF 2, 6; AP 4, 7, 8, 9

The College of Education CAREs

The College of Education is dedicated to the ideals of Collaboration, Academic Excellence, Research, and Ethical Practice. These are key tenets in the Conceptual Framework of the College of Education. Competence in these ideals will provide candidates in educator preparation programs with skills, knowledge, and dispositions to be successful in the schools of today and tomorrow. For more information on the Conceptual Framework, visit: www.coedu.usf.edu/main/qualityassurance/ncate_visit_info_materials.html
5.0 Identify and describe a variety of appropriate procedures for assessing students in physical education experiences. NASPE 5; CF 6; AP 1

6.0 Identify and describe a developmentally appropriate physical education learning environment that meets the needs of diverse learners. NASPE 3, 4; CF 5; AP 5, 6, 9

7.0 **Content Outline:**
The course will cover the following topics:

1. Value and purpose of PE for children
2. Skill Theme approach
3. National standards
4. Physical fitness, physical activity
5. Reflective teaching
6. Teaching diverse learners
7. Generic levels of skill proficiency
8. Planning
9. Establishing an environment for learning
10. Maintaining appropriate behavior
11. Developing the content
12. Observing student responses
13. Assessing student learning
14. Movement concepts
15. Skill theme development
16. Games, dance, gymnastics
17. Integrating the curriculum

8.0 **Evaluation of Student Outcomes:**

Students will be evaluated by means of chapter evaluations and an internet project.

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<th></th>
<th>Percent</th>
<th>NASPE</th>
<th>CF</th>
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<tbody>
<tr>
<td>Critical Reflection</td>
<td>80%</td>
<td>1, 4;</td>
<td>2, 4, 6;</td>
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<td>and Understanding</td>
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<td>Content</td>
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<tr>
<td>Internet Project</td>
<td>20%</td>
<td>1, 2, 3, 8;</td>
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Total 100%
9.0. **Grading Criteria:**

- A+ = 97.5 - 100, A = 93.5 - 97.49, A- = 90 - 93.49, B+ = 87.5 - 89.99,
- B = 83.5 - 87.49, B- = 80 - 83.49, C+ = 77.5 - 79.99, C = 73.5 - 77.49,
- C- = 70 - 73.49, D+ = 67.5 - 69.99, D = 63.5 - 67.49, D- = 60 - 63.49

10.0. **Required Textbooks and Readings:**


11a. **ADA Statement:** Students with disabilities are responsible for registering with the Office of Student Disabilities Services in order to receive special accommodations and services. Please notify the instructor during the first week of classes if a reasonable accommodation for a disability is needed for this course. A letter from the USF Disability Services Office must accompany this request.

11b. **USF Policy on Religious Observances:**
- Students who anticipate the necessity of being absent from class due to the observation of a major religious observance must provide notice of the date(s) to the instructor, in writing, by the second class meeting.

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**Selected Readings**


PE Links 4U  [http://www.pelinks4u.org/](http://www.pelinks4u.org/)