TEXTBOOK


ARTICLES PUBLISHED IN REFEREED JOURNALS

Published/Accepted (N=64)


**BOOK CHAPTERS (N=5)**


**BOOKLET**


**NSCA POSITION PAPER**


**ORAL PRESENTATIONS**

**Professional Conferences: International, National, Regional, and State**

**Accepted (N=3)**


Eickhoff-Shemek, J. & Herbert, D. (Accepted) **The Law, Legal Liability, and Risk Management: Essential Education for Every Health/Fitness Professional.** ACSM’s Summit & Exposition, Atlanta, March 2009.

**Presented (N=57)**
*(Invited or Competitively Selected)*


ACSM Webinar and Teleconference, **Minimizing Legal Liability in Health/Fitness Programs: Strategies that Work!** ACSM has been conducting webinars for about 3 years. This webinar was the best attended and highest rated to date. September, 2008. (Invited).


Nineteenth Annual Conference, Sport and Recreation Law Association (SRLA), **Teaching Legal Aspects of Recreation and Sport: From My Classroom to Yours** (Panel Presentation), Albuquerque, NM, March, 2006. (Invited).


Tenth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, **The Pre-Activity Screening Dilemma: What Should You Be Doing?** Orlando, FL, April, 2006. (Selected). (Invited Aaron Brathwaite, USF Ph.D. GA, presented a section of this presentation).

Tenth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, **Crossing the Line: Understanding the Scope of Practice between Registered Dietitians and Health/Fitness Professionals**. Orlando, FL, April, 2006. (Selected). (Co-presented with Cynthia Sass and Melissa Olsheski).

Tenth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, **Recommending Supplements: What are the Legal Implications?** (Part of a Pre-Conference entitled “Supplements & Performance Enhancing Drugs: Implications for the Health and Fitness Professional”), Orlando, FL, April, 2006. (Invited).

Eighteenth Annual Conference, Sport and Recreation Law Association, **Internet Personal Training/Coaching: What are the Legal Issues?** Virginia Beach, VA, March, 2005. (Selected). (Co-presented with Carrie White)

Eighteenth Annual Conference, Sport and Recreation Law Association, **Is Obesity a Disability under the ADA?** Virginia Beach, VA, March, 2005. (Selected). (Co-presented with Anita Moorman)

Ninth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, **Acquiring the Best Job: Strategies that Work**. Las Vegas, NV, March, 2005. (Selected).

Eighth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, **Conducting Performance Appraisals of Group Exercise Leaders**, Orlando, FL, April, 2004. (Selected). (Co-presented with Susan Selde and presented twice).


Fifteenth Annual Conference, Society for the Study of Legal Aspects of Sport and Physical Activity, *Legal Implications and Compliance with ACSM’s Health/Fitness Facility Standards*, Waco, TX, March 2002. (Selected).


Twenty-fifth Annual Conference, Association for Worksite Health Promotion, 
**Update on AWHP’s Professional Certification, Academic Guidelines, and Program Guidelines:** a) AWHP Standards Committee Accomplishments, 


Third Annual Conference, ACSM’s Health & Fitness Summit & Exposition, **Waivers: Are They Worth the Paper They are Written On?** New Orleans, LA, April, 1999. (Selected).

Third Annual Conference, ACSM’s Health & Fitness Summit & Exposition, **Risk Management: Minimizing Legal Liability in Exercise Programs**, New Orleans, LA, April 1999. (Selected).


Nebraska Association for Health, Physical Education, Recreation and Dance, **The New ACSM Standards: Legal Implications for Health/Fitness Professionals**, Lincoln, NE, November, 1998. (Selected).


Forty-fifth Annual Meeting, American College of Sports Medicine, **Compliance with Selected AACVPR Guidelines in Cardiac Rehabilitation Programs in Four Midwestern States**, Orlando, Florida, June, 1998. (Selected).


Region 8 Conference, Association for Worksite Health Promotion, Starting an AWHP Student Chapter and Keeping it Going, Denver, Colorado, March, 1997. (Selected). (Co-presented with K. Ryan, Ph.D. and J. Hooper, Ph.D.)

Twenty-second Annual International Meeting, Association for Worksite Health Promotion, Levels of Program Intervention in Worksite Health promotion and Impact on Organizational Goals, Phoenix, Arizona, September, 1996. (Selected). (Co-presented with Kay Ryan, R.N., Ph.D.).

Forty-third Annual Meeting, American College of Sports Medicine, Opinions of ACSM Professional Members Regarding Selected ACSM Health/Fitness Facility Standards, Cincinnati, Ohio, June, 1996. (Selected).

Region 8 Preconference Workshop, Association for Worksite Health Promotion, Establishing a Well Workplace, Omaha, Nebraska, April, 1996. (Selected). (Co-presented with Kay Ryan, R.N., M.A.)

Region 8 Conference, Association for Worksite Health Promotion, Simple But Important Strategies for Health Promotion Evaluation, Omaha, Nebraska, April, 1996. (Selected).

Region 8 Conference Student Breakfast Panel Presentation, Association for Worksite Health Promotion, Building Leadership Skills, Omaha, Nebraska, April, 1996. (Invited). (Co-presented with S. Brink, M.S., J. Hooper, Dr. P.H., & J. Leutzinger, Ph.D.)

Twenty-first Annual International Meeting, Association for Worksite Health Promotion, Health/Fitness Facility Liability: What You Should Know If
Your Last Name Isn't Rockefeller or Kennedy, Orlando, Florida. September, 1995. (Invited).

Twentieth Annual International Meeting, Association for Worksite Health Promotion, Cross Training Existing Employees to Worksite Health Promotion: A Response to Needs, Portland, Oregon, September 1994. (Selected). (Co-presented with Kay Ryan, R.N., M.A.)

Midwest Regional Cardiopulmonary Conference, ACSM Certification, Omaha, Nebraska, April, 1994. (Invited).

Eighth National Conference on Chronic Disease Prevention and Control (U.S. Department of Health and Human Services), The Planning and Implementation of an 18 Credit Hour Certificate Program in Worksite Health Promotion, Kansas City, Missouri, November, 1993. (Selected). (Co-presented with Kay Ryan, R.N., M.A.)

Nebraska Chamber of Commerce and Industry Statewide Meeting, Planning a Corporate Fitness Program, Omaha, Nebraska, October, 1988. (Invited).

Nebraska Recreation and Park Association Conference, Managing a Community Fitness Program: Guidelines and Responsibilities, Kearney, Nebraska, September, 1985. (Selected).

Association for Fitness in Business (AFB) National Conference, Presented Master Thesis Research, Selected Physiological and Psychological Effects of Aerobic Dancing Among Young Adult Women, Washington, D.C., September, 1983. (Selected).

Governor’s Conference on Aging, Exercise and the Older Adult, Lincoln, Nebraska, May, 1983. (Selected).

Nebraska Association of Health, Physical Education, and Recreation and the President’s Council on Physical Fitness and Sports, Aerobic Dancing, Lincoln, Nebraska, October, 1980. (Selected).

EDITORSHIP

Associate Editor/Legal Columnist, ACSM's Health & Fitness Journal, October 2000 to present.
**GRANTS, Funded** (N=7)

UNO University Committee for the Advancement of Teaching grant for release time to conduct a pedagogical research project entitled “Impact of a Risk Management Service-Learning Project” ($1,880) – 2001.

UNO University Committee on Research grant for assigned research time and grant-in-aid to conduct a national study investigating compliance with ACSM’s six standards among health/fitness facilities ($2,859) – 2000.

Received a $3,500 grant from the Association for Worksite Health Promotion for the Professional Standards Project – 1999.

Received a $14,022 grant from Merck to fund a Health Risk Appraisal (co-sponsored with the Wellness Council of the Midlands) – 1998.

Received a $500 grant from the Association for Worksite Health Promotion (AWHP) to start an AWHP Student Chapter – 1995.

While employed at the YWCA (Lincoln, NE) we received two grants; Woods Charitable Fund, Inc., which provided funds ($30,577) to develop fitness programs for special populations, and the State Health Department (Developmental Disabilities Council) which provided funds ($20,000) to develop a statewide project to train professionals to develop integrated fitness programs (co-sponsored by League of Human Dignity). I was the primary author for the first grant and a co-author for the second grant – 1982-1984.