**TEXTBOOK**


**ARTICLES PUBLISHED IN REFEREED JOURNALS**

**Accepted/Published (N=70)**


**BOOK CHAPTERS (N=6)**


BOOKLET


NSCA POSITION PAPER


ORAL PRESENTATIONS
Professional Conferences: International, National, Regional, and State

Accepted (N=2)

Eickhoff-Shemek, J. (Accepted for 2011) Negligence and Personal Fitness Training: Lessons Learned from Legal Cases. ACSM’s Health & Fitness Summit, Anaheim, CA.


Presented (N=62) (Invited or Competitively Selected)


Thirteenth Annual Conference, ACSM’s Health & Fitness Summit & Exposition **The Law, Legal Liability, and Risk Management: Essential Education for Every Health/Fitness Professional.** Atlanta, GA, March 2009. (Selected). (Co-presented with David Herbert, J.D. and presented twice).

Twenty-second Annual Conference, Sport and Recreation Law Association (SRLA). **The Failure to Conduct Pre-Activity Screening in Fitness Facilities: An Analysis of Case Law.** San Antonio, TX, March 2009. (Selected).


ACSM Webinar and Teleconference, **Minimizing Legal Liability in Health/Fitness Programs: Strategies that Work!** ACSM has been conducting webinars for about 3 years. This webinar was the best attended and highest rated to date. September, 2008. (Invited).


Nineteenth Annual Conference, Sport and Recreation Law Association (SRLA), Teaching Legal Aspects of Recreation and Sport: From My Classroom to Yours (Panel Presentation), Albuquerque, NM, March, 2006. (Invited).


Tenth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, Crossing the Line: Understanding the Scope of Practice between Registered Dietitians and Health/Fitness Professionals. Orlando, FL, April, 2006. (Selected). (Co-presented with Cynthia Sass and Melissa Olsheski).


Eighteenth Annual Conference, Sport and Recreation Law Association, Is Obesity a Disability under the ADA? Virginia Beach, VA, March, 2005. (Selected). (Co-presented with Anita Moorman)
Ninth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, 
**Acquiring the Best Job: Strategies that Work.** Las Vegas, NV, March, 2005. 
(Selected).

Eighth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, 
**Conducting Performance Appraisals of Group Exercise Leaders,** Orlando, 
FL, April, 2004. (Selected). (Co-presented with Susan Selde and presented 
twice).

Seventeenth Annual Conference, Sport and Recreation Law Association, 
**ACSM’s Health/Fitness Facility Standards and Guidelines: Proposed 

Fifty-fourth Annual Conference, Florida Alliance for Health, Physical 
Education, Recreation and Dance, **Starting Your Professional Career: 

Seventh Annual Conference, ACSM’s Health & Fitness Summit & Exposition, 
**How “Fit” is Your Facility?** Reno, NV, April, 2003. (Selected). (Presented 
twice).

Seventh Annual Conference, ACSM’s Health & Fitness Summit & Exposition, 
**How to Get the Most Out of the Program.** Reno, NV, April 2003. (Invited). 
(Co-presented with Mike Bracko, Len Kravitz and Mike Spezzano).

Twenty-first Annual Conference, Athletic Business, **Why Health/Fitness 
Facility Standards are Important,** Orlando, FL, November, 2002. (Invited).

Sixth Annual Conference, ACSM’s Health & Fitness Summit & Exposition, 
(Selected). (Presented twice).

Fifteenth Annual Conference, Society for the Study of Legal Aspects of Sport 
and Physical Activity, **Legal Implications and Compliance with ACSM’s 
Health/Fitness Facility Standards,** Waco, TX, March 2002. (Selected).

Fourteenth Annual Conference, Society for the Study of Legal Aspects of Sport 
and Physical Activity, **Legal Claims in Worksite Fitness Programs,** Ridgedale, 
MO, March 2001. (Selected).

Thirteenth Annual Conference, Society for the Study of Legal Aspects of Sport 
and Physical Activity, **Survey of Law/Legal Liability Content in Master 
Academic Programs in Sports Medicine and Exercise Science,** Albuquerque, 
NM, March, 2000. (Selected).


Third Annual Conference, ACSM’s Health & Fitness Summit & Exposition, *Waivers: Are They Worth the Paper They are Written On?* New Orleans, LA, April, 1999. (Selected).


Forty-fifth Annual Meeting, American College of Sports Medicine, Compliance with Selected AACVPR Guidelines in Cardiac Rehabilitation Programs in Four Midwestern States, Orlando, Florida, June, 1998. (Selected).


Region 8 Conference, Association for Worksite Health Promotion, Starting an AWHP Student Chapter and Keeping it Going, Denver, Colorado, March, 1997. (Selected). (Co-presented with K. Ryan, Ph.D. and J. Hooper, Ph.D.)

Twenty-second Annual International Meeting, Association for Worksite Health Promotion, Levels of Program Intervention in Worksite Health promotion and Impact on Organizational Goals, Phoenix, Arizona, September, 1996. (Selected). (Co-presented with Kay Ryan, R.N., Ph.D.).

Forty-third Annual Meeting, American College of Sports Medicine, Opinions of ACSM Professional Members Regarding Selected ACSM Health/Fitness Facility Standards, Cincinnati, Ohio, June, 1996. (Selected).

Region 8 Preconference Workshop, Association for Worksite Health Promotion, Establishing a Well Workplace, Omaha, Nebraska, April, 1996. (Selected). (Co-presented with Kay Ryan, R.N., M.A.)

Region 8 Conference, Association for Worksite Health Promotion, Simple But Important Strategies for Health Promotion Evaluation, Omaha, Nebraska, April, 1996. (Selected).
Region 8 Conference Student Breakfast Panel Presentation, Association for Worksite Health Promotion, **Building Leadership Skills**, Omaha, Nebraska, April, 1996. (Invited). (Co-presented with S. Brink, M.S., J. Hooper, Dr. P.H., & J. Leutzinger, Ph.D.)

Twenty-first Annual International Meeting, Association for Worksite Health Promotion, **Health/Fitness Facility Liability: What You Should Know If Your Last Name Isn't Rockefeller or Kennedy**, Orlando, Florida. September, 1995. (Invited).

Twentieth Annual International Meeting, Association for Worksite Health Promotion, **Cross Training Existing Employees to Worksite Health Promotion: A Response to Needs**, Portland, Oregon, September 1994. (Selected). (Co-presented with Kay Ryan, R.N., M.A.)

Midwest Regional Cardiopulmonary Conference, **ACSM Certification**, Omaha, Nebraska, April, 1994. (Invited).


Nebraska Chamber of Commerce and Industry Statewide Meeting, **Planning a Corporate Fitness Program**, Omaha, Nebraska, October, 1988. (Invited).

Nebraska Recreation and Park Association Conference, **Managing a Community Fitness Program: Guidelines and Responsibilities**, Kearney, Nebraska, September, 1985. (Selected).

Association for Fitness in Business (AFB) National Conference, Presented Master Thesis Research, **Selected Physiological and Psychological Effects of Aerobic Dancing Among Young Adult Women**, Washington, D.C., September, 1983. (Selected).

Governor's Conference on Aging, **Exercise and the Older Adult**, Lincoln, Nebraska, May, 1983. (Selected).

Nebraska Association of Health, Physical Education, and Recreation and the President's Council on Physical Fitness and Sports, **Aerobic Dancing**, Lincoln, Nebraska, October, 1980. (Selected).
EDITORSHIP

Associate Editor/Legal Columnist, *ACSM’s Health & Fitness Journal*, October 2000 to present.

GRANTS, Funded (N=7)

UNO University Committee for the Advancement of Teaching grant for release time to conduct a pedagogical research project entitled “Impact of a Risk Management Service-Learning Project” ($1,880) – 2001.

UNO University Committee on Research grant for assigned research time and grant-in-aid to conduct a national study investigating compliance with ACSM’s six standards among health/fitness facilities ($2,859) – 2000.

Received a $3,500 grant from the Association for Worksite Health Promotion for the Professional Standards Project – 1999.

Received a $14,022 grant from Merck to fund a Health Risk Appraisal (co-sponsored with the Wellness Council of the Midlands) – 1998.

Received a $500 grant from the Association for Worksite Health Promotion (AWHP) to start an AWHP Student Chapter – 1995.

While employed at the YWCA (Lincoln, NE) we received two grants; Woods Charitable Fund, Inc., which provided funds ($30,577) to develop fitness programs for special populations, and the State Health Department (Developmental Disabilities Council) which provided funds ($20,000) to develop a statewide project to train professionals to develop integrated fitness programs (co-sponsored by League of Human Dignity). I was the primary author for the first grant and a co-author for the second grant – 1982-1984.